

OFFERED BY COUNCILOR JULIA MEJIA



CITY OF BOSTON  
IN CITY COUNCIL

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IN THE YEAR TWO THOUSAND TWENTY-SIX

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**RESOLUTION RECOGNIZING MAY AS MENTAL HEALTH  
AWARENESS MONTH**

- WHEREAS,*** May is recognized nationally as Mental Health Awareness Month, a time dedicated to raising awareness, reducing stigma, and promoting access to mental health care and support services; *and*
- WHEREAS,*** Mental health is an essential component of overall health and well-being, affecting individuals of all ages, backgrounds, and communities; *and*
- WHEREAS,*** Millions of Americans experience mental health conditions each year, yet many face barriers to care due to stigma, cost, language access, cultural barriers, workforce shortages, and inequitable access to services; *and*
- WHEREAS,*** In the City of Boston, community-based organizations, healthcare providers, educators, first responders, and advocates work daily to provide prevention, early intervention, crisis response, and long-term support services; *and*
- WHEREAS,*** The COVID-19 pandemic, economic instability, community violence, and social isolation have further highlighted the urgent need for accessible, culturally responsive, and trauma-informed mental health services; *and*
- WHEREAS,*** Promoting mental wellness requires a comprehensive approach that includes early childhood support, school-based services, workplace protections, community-based care, and policies that address social determinants of health; ***THEREFORE BE IT***
- RESOLVED,*** That the Boston City Council hereby recognizes May as Mental Health Awareness Month and reaffirms its commitment to advancing equitable, accessible, and culturally responsive mental health services for all residents.

Filed in Council: April 29, 2026